

February, 2013

Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
Center is open Monday-Friday 9 a.m.—1 p.m.				1 Morning Devotional With Beth 2 Groundhog Day
Bingo & Bridge	5 Games	6 Make Valentines For Children's Hospital with Karen 10:30	7 Health Notes With Linda Plummer	8 Games
Valentine Bingo for all	12 Games	13 Valentine Surprise!! 9:00	Hanny Walentine's YYY Day	15 Donellen Singers 11:00 16 Valentine Lunch Clay Meth. Church
18 Games	Games Games	Exercise	21 Health Notes	22 Shopping Pick your place
25 Health Notes	26 Games	Fun With Belinda	28 Games	

FEBRUARI	()	DSS NUTKITION PROGRAM	I.	WINTER 2013/LUNCI
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Proposition of the season of	First - Tuesday MANAGERS' MEETING FEBRUARY 5, 2013 11:00 A.M. OSCS Highland Room			Menu 5 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk
Menu 6 Orange Juice Brunswick Stew Buttered Rice Spring Vegetables Wheat Breadstick Margarine Fig Bar Milk	Orange/Pineapple Juice BBQ Chicken Diced/Bun Northern Beans Glazed Carrots Margarine Oatmeal Crème Pie Milk	Menu 8 Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Orange Gelatin Milk/Chocolate Milk	Menu 9 7 Blended Juice Breaded Pork Patty/Brown Gravy Country Potatoes Collard Greens Cornbread Margarine Lemon Pudding Milk/Buttermilk	Menu 10 Meatballs (3)/Spaghetti Sauce Whole Grain Penne Pasta Italian Vegetables Fresh Fruit Texas Bread Margarine Yellow Cake Milk
Menu 11 Grape Juice Braised Beef /Noodles Country Vegetables Cabbage Wheat Bread Margarine Oats & Honey Goldfish Cookie Milk Alternate: Stuffed Pepper Casserole	Menu 12 Beef Fingers(3)/Brown Gravy Whipped Sweet Potatoes Broccoli Sliced Peaches Whole Wheat Bread Margarine Birthday Cake Milk	Menu 13 Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Turnin Greens Combread Margarine Gingerbread Cookie Milk/Buttermilk	Menu 14 BBQ Rib Patty Whipped Potatoes Mixed Vegetables Fresh Fruit Wheat Bread Margarine Cherry Gelatin Milk	Menu 15 Orange Pineapple Juice Italian Mac Casserole/ Whole Grain Pasta Italian Green Beans Tossed Salad/Ranch Dressing Whole Wheat Bread Margarine Fudge Brownie Milk
Menu 16 Apple Juice Meatloat/Brown Gravy Country Potatoes Peas & Carrots Whole Wheat Bread Margarine Lemon Cake Milk	Menu 17 Cranberry Juice Chicken Noodle Casserole/ Whole Grain Pasta Garden Vegetables Scalloped Tomatoes Wheat Bread Margarine Vanilla Goldfish Cookie Milk	Menu 18 Sliced Turkey/Gravy Whipped Sweet Potatoes Succotash Fresh Fruit Texas Bread Margarine Cranberry Congealed Salad Milk	Menu 19 21 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	Menu 20 22 Grilled Pork Patty/Brown Gravy Buttered Rice Mustard Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk
Menu 1 25 Orange Juice Honey Mustard Chicken Strips(3) Country Corn Buttered Carrots Whole Wheat Bread Margarine Pineapple Tidbits Milk	Menu 2 Smoked Sausage Blackeyed Peas Mixed Greens Fresh Fruit Cornbread Margarine Strawberry Gelatin Milk/Buttermilk	Menu 3 Cranberry Juice Chicken and Tortilla Dumplings Green Peas Rutabagas Wheat Bread Margarine Chocolate Cake Milk	Menu 4 28 Grape Juice Chili with Beans Buttered Rice Marinated Slaw Saltine Crackers Margarine Chocolate Marshmallow Pie - Milk	